



Chester SSP



Celebration Edition



This is the last edition of the newsletter this term. Many thanks to everyone who has contributed exercises and challenges over the weeks, it has really been appreciated.

Rather than send out any more exercises or resources this week, this edition is one to celebrate all the activities which children have been doing at home and at school. Many thanks to the schools who have contributed photographs, the children have clearly been enjoying themselves whilst keeping active. The children have been provided with lots of different and exciting activities to try.

Our task over the last few weeks and months has been to continue to provide resources, challenges and information to keep the children active, for their physical and mental health. The world has been a very different one to our norm, with school closures, isolation and mixed emotions. Taking part in regular physical activity has hopefully helped the children to focus on their school work a bit better, stay healthy and also connected to their school and friends. We hope that in some way we have helped in these difficult times.

We must say a big thank you to the parents for supporting the children with their activities at home, whether that's helping with the challenge or taking the photographs. We really do understand the challenges at home with trying to juggle work commitments, home schooling, and other pressures. So thank you.

Also to the teachers who share the resources and come up with their own challenges, whilst still trying to look after the children in their schools, those at home and their own families.

Finally to the Head Teachers and the senior leadership teams who have also experienced immense pressure over the last few weeks and months. Thank you for supporting the children in your school to keep active and healthy.

In the autumn term we will continue with virtual School Games challenges and will revert to a revised competition calendar as and when we are advised that it is safe to return to inter school competition.

We hope that during the summer everyone will be able to take a few steps back to take a break to relax and recharge after the difficult period we have been through.

Thank you for your continued support, we really have missed the children and seeing all their smiling faces.

We wish everyone all the very best for the summer, and we will be in touch in September.

School Games Virtual Awards

Congratulations to the following schools for your School Games Virtual Award for 2019-2020.

This is for your virtual delivery of sports and activities during COVID-19.

Delamere CofE Primary Academy

St Martins Academy

Saughall All Saints CofE Primary School

Dee Banks School

Dorin Park School

Bishop Heber High School

Grosvenor Park CofE Academy

The special recognition award goes to St Martins Academy!

Well done and thank you to all the schools who have taken part. It really has been fantastic to see and hear of the fabulous activities you have been doing in your schools and at home.



Belgrave Primary School



On Wednesday 17th June Belgrave Primary School held their annual Sports Day but with a twist, children took part from home!

Detail of the SSP sports day activities were sent out to all children the week before allowing time for all of them to practice. Then on the day children completed all of the events, recording their results before sending them in to PE coordinator Mr Moss. All of the results were then collated and the top 3 children for each year group announced.

The day was a great success with 69 children and their families taking part. All photos show how much fun the children had!

St Theresa's Catholic Primary School

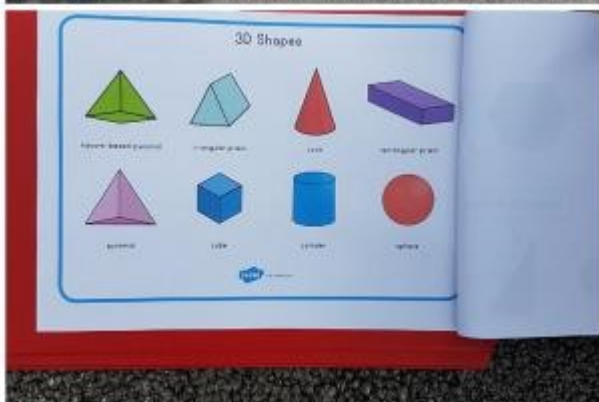


The children at St Theresa's have been busy at school and at home. Above are some pictures of their morning workout at the school.

St Theresa's Cont'd



Active maths in the playground.



Just Dance in the hall.



DEE BANKS SCHOOL

Keeping Active



Saughall All Saints

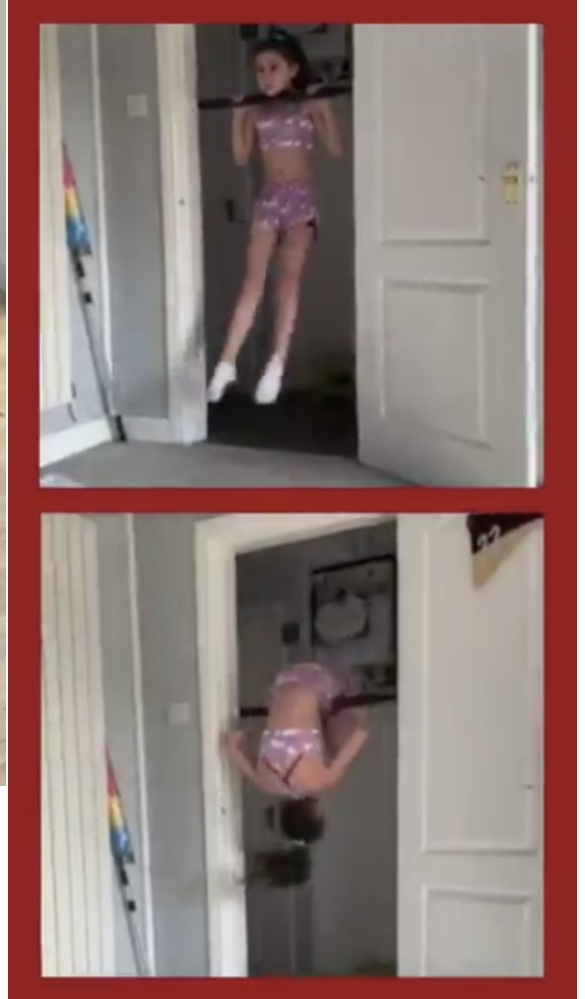


Sports day at school
(above and left).

Rugby training and creative volleyball at home (pictured below).



Saughall All Saints Cont'd



The children from Saughall have been busy practising hockey, dance, gymnastics, keep ups, bike rides and keeping fit. Well done team SAS!



Saughall All Saints Cont'd



These children have also been enjoying bike rides and practising back flips on the trampoline.



Dorin Park School

Dorin Park School have been taking part in the virtual challenges at home and at school. Challenges they have completed include keepy uppies, wall bounce, hoop target and the golf challenge.

Unfortunately they have been unable to share any photographs with us, but the school have been keeping track of the scores for each class and results to date are shown below.

Score Sheet Primary

1 st	Beech	36 Points
2 nd	Chestnut	31 Points
3 rd	Hazel	28 Points

Score Sheet Secondary

1 st	Pine	179 Points
2 nd	Oak	160 Points
3 rd	Birch	92 Points
4 th	Cedar	85 Points
5 th	Juniper	70 Points
6 th	Fir	47 Points

Well done and thank you to all the children and staff at Dorin Park School for taking part in the challenges. Thank you for supporting the Cheshire and Warrington Virtual School Games.



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Don't forget to follow us on Twitter for all the latest pictures and updates.

 **@ChesterSSP**

Website: www.chesterssp.co.uk

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'Providing opportunities for every young person to shine'

