



Monday

Tomato & Basil pasta bake with

Garlic Bread & Mixed Veg

Jacket Potato with Cheese & Beans

Cheese or Ham Sandwich

Chocolate Chip Muffin or

Fresh Fruit

Chilled Milk or Water



Overleigh St Mary's CE Primary

School Cosmic Canteen

Menu Week 1



Thursday

Spaghetti Bolognese with Garlic
bread and Parmesan Cheese / Vegan
option Vegan Bolognese

Egg or Cheese Barm or Wrap with
Soup of the day

Ice Cream or fruit Smoothie

Chilled Milk or Water



Wednesday

Roast Chicken Dinner/Quorn Fillet or

Homemade Cheese Flan with

Roast Potatoes,

Yorkshire Pudding, Carrots, Cauliflower

Cheese or Turkey Sandwich

Apple Sponge and Custard

Chilled milk or Water



Tuesday

Pork Sausage, Onion Gravy with Mashed Po-
tato, garden peas or

Vegan Sausage, Onion Gravy

Cheese Barm or wrap or Ham Barm or Wrap-
with Soup of the day

Iced Sponge Or Fruit

Chilled milk or Water



Week1

15th April

6th May

27th May

Friday

Hot Dog (Roll) or Vegan Hot Dog
with Chips, beans or peas

Fish Cake

Cheese or Turkey Sandwich

Chocolate Brownie or Fruit

Water or Chilled Milk

Available every day- salad bar, bread, fresh fruit